

ROTARY CLUB OF NAGPUR DOWNTOWN

RI President 2024-2025

Rtn. Stephanie Urchick

District Governor 2024-2025

Rtn. Rajinder Khurana

Club President 2024-2025

Rtn. Dr. Pratiksha Mayee

Hon. Secretary 2024-2025

Rtn. Mrudula Sudame

NEWS LETTER NO. 10 : 2nd SEPTEMBER TO 8th SEPTEMBER 2024

Dear Rotarians and Anns,

As we step into September, we are reminded of our most awaited GANAPATI festival . Also known as Ganesh Chaturthi , a popular Hindu Festival which is celebrated worldwide. This year it falls on 7th September. We had also planned activities accordingly.

Friends let's gear up for the festive season.



EVENTS OF THE WEEK

3rd BUSINESS MEETING

Our third Business meet was held on 04 / 09 / 24 at Vidharbha Sanskar Bharti Hall, Khamla in which projects about Environment and Vocational discussed in the Board meeting were ratified by Rotarians in the Business meeting .

Five Past Presidents Rtn Sunil Jharkhandi, Rtn Vijay Thakre, Rtn Dr. Vikas Ingale, Rtn Dr. Rushikesh Mayee, IPP Rtn Abhijit Deshpande have shown interest in becoming members of Downtown Trust. 2 Old members to be retained was suggested and ratified by the members. More than 15 members joined the meeting.

We meet on Friday at 7.30 pm at Navdrishti Hall, The Blind Relief Association, Opp. Dikshabhumi, Nagpur

Downtown Secretariat : Rtn. Dr. Pratiksha Mayee / Rtn. Mrudula Sudame

602, Raviram Residency, Chitale Marg, Dhantoli, Nagpur - 440012

Contact : +91 88888 03974 email : pratiksha@ankurseeds.com / +91 98906 97301 email : mrudula68@gmail.com

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Health and Nutrition Meet

04/09/24

Health Nutrition Meet was conducted at Vidharbha Sanskar Bharti Hall, Khamla. Nutritionist Snehal Date was the Chief Guest and one of the panellist.

Panelists discussed about impact of nutrition on health. They discussed the importance of Balanced Diet, nutrient-rich foods, common deficiencies and how to overcome it. They also addressed to queries of the members.

Thanks to Panelists:-

Dr. Dhananjay Ookhalkar, Dr. Vikas Ingale, Dr. Rushikesh Mayee, Dr. Trupti Gawande and nutritionist Snehal Date for their valuable suggestions.

Ann Pradnya Bagalkote had a lively conversation with the panelists.

Rtn Aarti Shahane compered the whole program effectively.

More than 30 members attended it.



Competition titled " गणेशोत्सवातील वैशिष्ट्यपूर्ण मोदक आणि इतर पारंपरिक प्रसाद " was held in which 7 members participated. Mouth watering and nutritious dishes and creative presentation was praised by Chief guest Nutritionist Snehal Date and Ann Pradnya Bagalkote.

Congratulations to all the participants. Winners were: Ann Dhanashree Deo, Dr. Ashwini Ookhalkar, Dr. Bhavna Deshpande and Rakhi Kashikar.

Program Committee Chair: Rtn Deepali Dodke

Project Director : Ann Pradnya Bagalkote and Rtn Aarti Shahane.

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Project: 30

Name of the Project : Consumer Awareness Talk

Date of the project : 04 / 09 /24

Project Description : Consumer Awareness for Food Safety :

President Rtn Dr. Pratiksha Mayee and Rtn Dr. Dhananjay Ookhalkar talked about how to make informed choices in the marketplace. This was organized to promote better understanding and protection of consumer interest be made for better health.



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Project: 31(1)

Name of the Project: ECOBRICKS

Date of Project: 05 / 09 /2024

Project Description : Under Environment Awareness, our newly installed Interact Club of Mankar Adarsha Vidyalay, Varoda, took up their first activity of making Ecobricks.

Ecobricks are plastic bottles packed tightly with non-biodegradable waste such as plastic wrappers, bags, other soft plastics that are difficult to recycle. By stuffing plastic into bottles solid durable bricks are made that can be used for various construction projects such as Furniture, gardens, walls of eco-friendly houses.

Interact club members educated other students of the school in making bricks. Thanks to their inspiring Principal Mrs. Jaya Mankar



This project will be carried out in other schools also.

Project: 17(5)

Name of the Project : Road Safety And Traffic Awareness

Date of Project: 07 / 09 / 2024

Project Description : On the occasion of Ganesh Chaturthi at Anusuya Complex Chatrapati Nagar Rtn Ravindra Paranjape briefed about Traffic Awareness. Diaries were distributed to kids and college students. Also they took the Oath for following the Traffic Rules. Good initiative by Rtn Deepali Dodke.

Project Director : Rtn Deepali Dodke

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UPCOMING EVENTS

Date	Event
13 /09/2024	Downtown is one of the Host for Zoom speaker meet on “Enjoying Rotary”
14 / 09/ 2024	Eye Check Up camp and Drawing and Elocution competition At Hadas CBSE School
14 / 09/ 2024	AHA Project at Tapovan School
20/ 09 / 2024	RMB – Rotary Means Business meet at 8.30 AM at Chitnavis Centre

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CELEBRATIONS OF THE WEEK



Birthdays	
3 rd September	Rtn Nishikant Kashikar
5 th September	Rtn Dr. Rushikesh Mayee
7 th September	Rtn Sandeep Darvhekar

Yours in Rotary,
Rtn. Mrudula Sudame
Hon. Secretary RCNDT, 2024-25

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